

Pizza HEALTHY MAKEOVER

Add 1
extra veggie
topping

No
meat

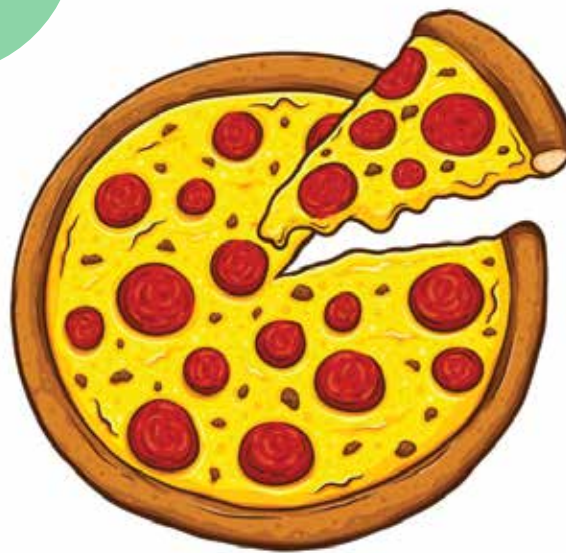
Switch to
vegan
cheese

Opt for
thin crust

Add tons
of veggie
toppings

Add a
side salad

Ask for
less
cheese



Ask for
no
cheese

Switch to
vegan meat
options

Whole wheat
or wholegrain
crust

Eat slowly
& enjoy
every bite

Make your
own pizza at
home
(see below)

Less
meat

Opt for
cauliflower
crust

CauliPower Cauliflower Pizza Crust
Capello's Naked Pizza Crust
Trader Joe's Cauliflower Pizza Crust